

# NCAA Rule of the Month

November 2010

## Outside Competition during a Vacation Period

During the academic year, NCAA rules prevent student-athletes from participating in competition outside of a CU uniform. However, student-athletes are allowed to participate in outside competition on an amateur team participating in noncollegiate, amateur competition if it occurs **outside of the student-athlete's declared playing/practice season and during any official vacation period, like Thanksgiving and winter break.** Direct your student-athletes to come by our office to fill out their respective form for Outside Competition to ensure they are participating in a permissible outside event.

### A few reminders regarding outside competition during a vacation period:

- ☒ It is not permissible for basketball, soccer and volleyball student-athletes to participate in outside competition during Thanksgiving or winter break.
- ☒ Student-athletes cannot receive any expenses from CU to participate in outside competition. (There are a few exceptions in Bylaw 16.8.1.3.)
- ☒ Student-athletes cannot wear CU team-issued apparel if they are competing for an outside team or individually. (They can use team-issued equipment such as a CU golf bag.)
- ☒ It is not permissible for a coach to instruct or coach a student-athlete that is participating in outside competition or competing individually.
- ☒ It is not permissible for coaches to require student-athletes to participate in outside competition during a vacation period.

The limits on the number of student-athletes participating on outside, amateur teams during Thanksgiving and winter break are as follows:

Sport	Maximum CU Participants
<a href="#">Football</a>	No more than 5
<a href="#">CC/T&amp;F</a>	Unlimited
<a href="#">Golf</a>	Unlimited
<a href="#">Skiing</a>	Unlimited
<a href="#">Tennis</a>	Unlimited

Bylaws we are referencing: 14.7.1, 14.7.1.1, 14.7.1.2, 14.7.2, 17.29.2